

# Sizing Guide

**Worker Body Measurement:** The worker's actual measurements determined using a fabric measuring tape.

**Coat, Bib-Overall and Coverall Measurements:** Garment dimensions are larger than the user's measurements to allow space for movement.

## Measuring Instructions

### 1. Use a Fabric Measuring Tape

**Chest:** Measure around the chest just under the arms and across the shoulder blades.

**Waist:** Measure around the natural waistline.

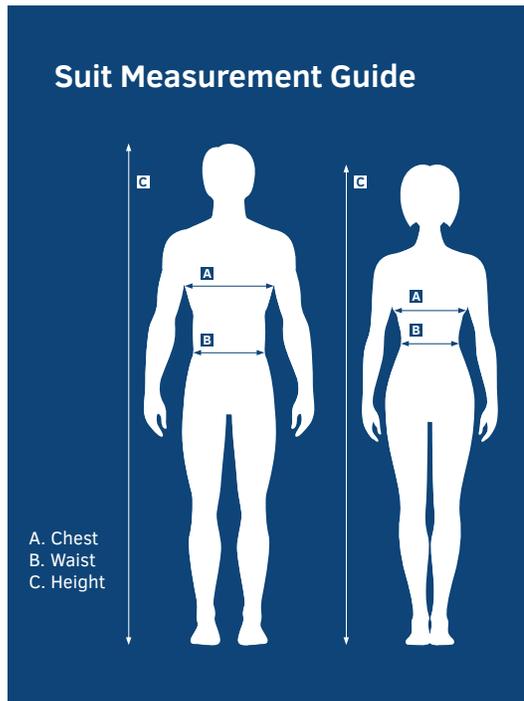
**Height:** Measure the total height of the worker. You can tape one measuring tape to a wall and have the worker stand up straight against it.

### 2. Select the Size

After measuring the worker select the size using the tables above. Each of these numbers represent the maximum measurement per size. Always round up and use the larger of either Chest or Waist.

### 3. Select the Height

All suits are sold as a Regular size. Order bib-overalls for adjustable height. Short, Tall and Extra Tall sizes are custom Made to Order. Regular Standard size is 5'10" to 6'1". Workers under 5'8" or over 6'4" need custom sizes.



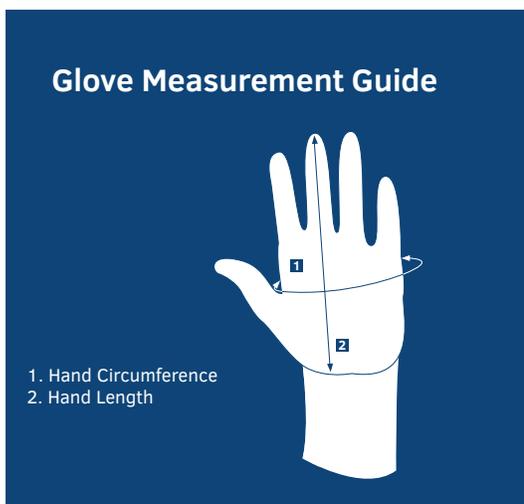
## Body Size

Worker Body Measurements								
Size	S	M	L	XL	2XL	3XL	4XL	5XL
Chest (in)	36	39	42	46	50	54	58	62
Waist (in)	30	33	36	40	44	48	52	56
Coat Measurements								
Size	S	M	L	XL	2XL	3XL	4XL	5XL
Chest (in)	46	49	52	56	60	64	68	72
Bib-Overall Measurements								
Size	S	M	L	XL	2XL	3XL	4XL	5XL
Waist (in)	34	37	40	44	48	52	56	60
Coverall Measurements								
Size	S	M	L	XL	2XL	3XL	4XL	5XL
Chest (in)	46	49	52	56	60	64	68	72
Waist (in)	36	39	42	46	50	54	58	62

## Body Height

Worker Body Measurements				
Size	Short	Regular	Tall	X-Tall
Height Range (ft)	5'7"-5'10"	5'10"-6'1"	6'1"-6'4"	6'4"-6'7"

## Glove Sizing



## Measuring Instructions

1. Measure around the hand at the fullest part.
2. Measure from the tip of the middle finger to the base of the hand.
3. Use the LARGEST of these two measurements for the correct size glove.
4. The number of inches/centimeters measured equals the size of the glove.

## Glove Size

Glove Sizing Chart						
	XS	S	M	L	XL	2XL
Inches	7	7.5	8.5-9	9.5-10	10.5-11	11.5-12
Centimeters	18	20	23	25	28	30
If you are RIGHT handed, take measurements from your RIGHT hand. If you are LEFT handed, take measurements from your LEFT hand.						

Arc Thermographer Glove Sizing Chart						
	Regular	Regular	Large	Large	X-Large	X-Large
Size	7	8	9	10	11	12